

USDTA TODAY

Spring 2011

44th Annual Fall Meeting Shadow Mountain Resort & Club Palm Desert, CA November 6-12, 2011



Shadow Mountain Resort & Club ® is a charming resort nestled in the heart of Palm Desert. This condominium resort has the feel of a private retreat with breathtaking views of the majestic Santa Rosa Mountains. Yet it's just a leisurely stroll from El Paseo, a mile-long boulevard of upscale shops, art galleries and international restaurants in the center of this vibrant small city.

One of the first resorts in the entire desert, Shadow Mountain Resort & Club ® opened

in the late 1940s. Attracted by the relaxed atmosphere, ideal location and consistently attentive service, many have made this a popular destination ever since. In fact, some of our guests today are second and third generation "regulars". We'd love to count you among them. Discover for yourself what makes Shadow Mountain such a special place for families, friends and tennis enthusiasts.

After an incredibly long and cold winter, the meeting at the Innisbrook Resort in Palm Harbor, Florida was perfect therapy for both my mental state of mind and my body. The weather was perfect and the tennis was fantastic! Our members took advantage of the championship golf courses at the resort when they weren't playing tennis or shopping for sponges. The speakers educated us on treatment of sleep apnea, new and old periodontal procedures, and simplified occlusal techniques. Everyone enjoyed the speakers and informed me that they came away from each lecture with numerous pearls of wisdom.

Our next USDTA meeting will be held at the Shadow Mountain Resort in Palm Springs, California on November 6-12. The highlight of the meeting will be our Davis Cup match with the AMTA. The doctors are seeking revenge after taking a thrashing from our group last time. Don't miss an opportunity to thump them again! Be sure to take advantage of the early registration discount. The speakers for the upcoming meeting are excellent and we will learn more about periodontal endoscopy, instrumentation, remineralization, obesity, and clinical bonding.

I look forward to seeing all of you in Palm Springs. The weather will be great and the camaraderie will be special. If you have any questions concerning the upcoming meeting, please contact me or Cori Lee (our Executive Director) at www.dentaltennis.org.

See you soon,

Dr. Bob Kaspers President, USDTA rkaspers@comcast.net

New Members

Please welcome our new members who attended the Florida meeting!



Alina Oganyan and her daughter Yeva Manukyan from Los Angeles, CA

Jay Jaen from Binghamton, NY

It was wonderful having you all at Innisbrook! We look forward to seeing you again at a future meeting!



What's Happening with You?

We were all so thrilled to have Hanna Hoesli and her sister, Karin, and her mother, Hilda, join us in Florida. Hanna was given permission to travel and she took full advantage of the sunshine and relaxed the entire week. A huge thank you to everyone who sent cards, prayers, good thoughts and jokes to support Hanna and her family.

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Jerry Laffer from Manlivs, NY has just undergone hip surgery. He is now ready to take on Terry Wenger on the courts! Do I hear a challenge??

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Dennis Dierenfield from Santa Barbara, CA had knee surgery a couple days after the spring meeting. What a trouper! He came out to play tennis all week and then went under the knife. He is healing fine and hopes to get back on the courts in a few months.

Let us know what you have been doing! Send photos and short paragraph to:
dentaltennis@gmail.com.

Innisbrook Resort - Lecture Summary



Rick Mondick from New Mexico presented on the dentists role in treating snoring and obstuctive sleep apnea (OSA). Nobody snored through this presentation! Mr. Mondick is the President of

Distar, the maker of TheraSnore oral appliances. After a review of anatomy of the airway and how snoring and OSA occurs, he talked about the screening process to determine if the dentist can proceed with oral appliance treatment for snoring or mild to moderate OSA. Almost 1/3 or our patients snore and it negatively effects their lives. We can help them to enter the NO SNORE ZONE! (J. Cross)

Dr. Russell Cecala lectured on the importance of periodontal assessments prior to orthodontic/restorative treatment. He reviewed different surgical, laser or non-laser, procedures



that could be done either prior or pos-orthodontic treatment to promote or maintain periodontal health and/or enhance the aesthetic result. The second half of the lecture focused on periodontally accelerated osteogenic orthodontic treatment and how it can benefit patients who would not be able to be treated with conventional orthodontics. Some of the other benefits of this orthodontic-driven treatment is that one can achieve rapid tooth movement in a much shorter time, you can move teeth where you couldn't move them before, and the cases seem to be stable many years out from completion of treatment. (K. Hoesli)

The Wednesday Round Table was not a disappointment! There were topics brought up about implant failures, Cadsmiles, full coverage restorations, and discussion on the periodontal treatment protocol in your office. Everyone was involved in the discussions with great ideas and comments. (C. Lee)



Dr. George R. Warga's presentation on Occlusion Simplimfied for Everyday Dentistry was an informal presentation based on his real world esperiences. Increase

restorative and esthetic success through appropriate occlusal design. Including how to adjust the occlusion with confidence in a simplified manner. Dr. Warga is from the Chicago area and Panky Faculty. (B. DeFelice)

Send in your dues!

Please remember to send in your membership dues for 2011. Pay online www.dentaltennis.org

Calendar of Events for 2011

CDA Anaheim May 12-14

CDA San Francisco Sept. 22-24

44th Annual Fall Meeting Nov. 6-12 Shadow Mountain Resort Palm Desert, CA

Davis Cup Event against the American Medical Tennis Association!

Thank you to the following corporate sponsors for helping make our spring meeting a huge success!

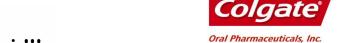












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Preparations for the USDTA 45th Anniversary are in the works. To start off the celebration, we will begin the spring meeting at the beautiful Kiawah Island Resort April 22-29, 2012. Mark your calendars! There will be a lot of fun activities for the entire family! A special gift for the first registration! Look for the early bird special.

We will be honoring all Past Presidents of the USDTA at the fall meeting in 2012. More information as to the location of the meeting will be determined soon.





Questions?
Contact Cori Lee, Executive Director dentaltennis@gmail.com or call 800-445-2524

Calling all dentists who love tennis!!!



The USDTA vs. AMTA Davis Cup event is coming!

We will be joining together for a morning of continuing education and a full day of tennis! Come out and join us in a tournament against the doctors. Let's show them that the dentists can kick some arse! Meeting will be held at the Shadow Mountain Resort in Palm Desert November 6-12, 2011. Mark your calendars! Look for the registration in the mail or online this summer and get the early bird discount!

Meeting Summary



The Innisbrook Resort was a very nice location for the 44th Annual Spring Meeting. The tram service was great to get around the property. With six pools, especially the LochNess, the Inaba Spa, fitness center, and tennis courts, there was a lot of ground to cover!

The weather all week was high 80's to low 90's with some humidity. The har-tru courts were great for the heat, but those bounces are brutal! And there was no shortage of tennis to be played!

The Tuesday mid-week cocktail party was loads of fun when the hermit crab races began! The racers were White Lightning, Mellow Yellow, Pretty



in Pink, Mad Cow... Congratulations to Hilda Hoesli who won the trophy and a gift certificate to the Innisbrook Resort!



There was a much needed break mid-week from the tennis which allowed people to explore the area more,

get a massage or go to the beach. Most of the group took a late afternoon boat cruise along the Anclote River in Tarpon Springs, sponge capital of the world! There was great food, great conversation, and best of all, great people! Thank you to everyone for making it a fabulous meeting! We will be back to Innisbrook again!







Spring Meeting April 2011 – Innisbrook Resort Palm Harbor, FL

Tennis Results in a round robin format:

MEN'S SINGLES

1st place- John Cross

2nd place- David Christensen

WOMEN'S SINGLES

1st place- Robin Dierenfield

2nd place- Karin Hoesli

MEN'S DOUBLES (most number of wins)

1st place- Bob Kaspers

2nd place tie- Gary McHugh, Dennis Dierenfield, Mark

Sweeney, Mike Lee, Mike Belby

WOMEN'S DOUBLES

1st place- Carol Kaspers and Alina Oganyan 2nd place- Robin Dierenfield and Karin Hoesli

MIXED DOUBLES

1st place- Gary McHugh and Cori Lee 2nd place – Bob and Carol Kaspers











Speakers for Shadow Mountain Resort November 6-12, 2011



Topic: Practicing Periodontics from the Center to the Edge

John Y. Kwan, DDS Dr. Kwan graduated from USC in 1976 with a Bachelor of Science and later received his Doctorate of Dental Surgery from USC in 1981. John served in the US Air Force for 10 years as a general dentist and periodontist. Dr. Kwan has been published in peer reviewed journals such as the Journal of Periodontology, the Journal of the American Dental Association and the Journal of the California Dental Association among others. His periodontal practice includes clinical research, education and serving as an advisor to dental product and technology companies. Dr. Kwan maintains a private practice in the Oakland/Berkeley area of California. His treatment focus is on minimally invasive care for periodontal and implant patients emphasizing periodontal endoscopy and microsurgery. John is currently the President and CEO of Perioscopy Inc., the providers of periodontal endoscopy equipment, education and technology.



Topic: Accelerated Periodontal Instrumentation Protocols: Fast Tracking Clinical Success! And Calcium, Phosphate & Fluoride: Advancements in Remineralization Strategies

Kristy Menage Bernie, RDH, BS, RYT A graduate of the University of Maryland with a BS in dental hygiene, is the Director of Educational Designs, a national corporate consulting company based in San Ramon CA and registered yoga teacher. She is an international speaker on a variety of topics as well as a facilitator of workshops for educators in dentistry and a member of numerous professional organizations. She is the current President-Elect of the American Academy of Dental Hygiene. As a frequent contributor to national publications, she has served on numerous editorial boards, and has authored a chapter on Oral Malodor in the latest edition of Mosby's Dental Hygiene textbook. Kristy has been quoted in Esquire Magazine, Women's Health Magazine and interviewed by

ESPN Radio. As a featured speaker on major dental conventions she is known for facilitating interactive, fast-paced sessions based on the latest technologies and research.



Topic: Obesity: New Thoughts on an Old Disease

Scott Kahan, MD Dr. Kahan received his undergraduate degree in bioengineering from Columbia University, his medical degree from Medical College of Pennsylvania, and his Master's of Public Health degree from Johns Hopkins School of Public Health. He completed a residency in Preventive Medicine at Johns Hopkins University, where he served as Chief Resident. He has published 14 books in the fields of medicine, nutrition, and public health, and is the Editor-in-Chief of a series of medical texts that have been published internationally and translated into nine foreign languages. Dr. Kahan has been involved in numerous national and local initiatives for chronic disease prevention, nutrition, and obesity. He has worked with Federal, state, and local governments, the National Institutes of Health, and advocacy groups and non-governmental organizations. He has published articles in several scientific journals, newspapers, and magazines.



Topic: Creative Anterior and Posterior Composites

Robert Mopper Robert Mopper has twelve years of experience in the dental profession. He has presented many programs on aesthetic dentistry, most recently to the EL Centro De Estudios Odonto - Estomatologicos in Valencia Spain as well as Esthetic Dental Academy of Turkey also for University of the Pacific School of Dentistry, as well as Colorado Academy of General Dentistry, also at the AACD in Vancouver, as well as to an international audience in Denmark at the Arskursus 98, Seville Spain, La Asociacion Espanola Estetica Dental, a continuing course sponsored by Baylor College of Dentistry, Hawaiian AGD, also at the Kentucky Dental Meeting, Denver University, George Brown College, University of Buffalo, Yankee Dental Congress, Harvard University, University of Minnesota, LSU Dental School, University of Illinois, Chicago Campus, and twice at the Uptown Dental Forum on composite materials. He currently teaches dentists about the newest and most

effective methods for making both composite and porcelain look more lifelike and natural at trade shows across the US and Canada. In his job at Cosmedent, he offers technical assistance on techniques and materials to practicing cosmetic dentists. He also assists independent clinicians with their hands-on programs throughout the country.

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Board Members: Jeff Wallace, Mike Belby, Buzz DeFelice (filling in), Bob Kaspers, John Cross, Mark Sweeney, Rick Fox



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